In preparation for the Library Workshop

1. Identify the PICO elements in your topic and write these in the appropriate Concept column (Note: not all elements will be present).

<table>
<thead>
<tr>
<th>CONCEPT</th>
<th>MeSH</th>
<th>CINAHL HEADING</th>
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<tbody>
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2. Consider which resources to use:
   a. For clinical topics use your P or I concept to explore Dynamed, Clinical Key and/or Pubmed Clinical Queries. What are appropriate outcome measures? Are there any Clinical Practice Guidelines? Is there a Systematic Review?
   b. For non-clinical topics See the Current Research below

3. Current Research:
   Try a quick search in Pubmed and/or in Medline (Ovid). Also, check out some of the resources on the Core Occupational Therapy Databases for other suitable sources.

4. If you do a Pubmed search, remember you can view the Search Details to see what MeSH (Medical Subject Headings) you might use for your search in Medline OVID. For a refresh on searching Medline Ovid see the Tutorial at http://guides.library.ubc.ca/Ovid.

5. Get set up by making group accounts in:
   a. Ovid,
   b. Ebsco (CINAHL) and
   c. Refworks (Instructions for a group account will be shown during the workshop)

6. Bring your questions to your Workshop

7. To prepare for the Library Workshop
   a. Do #1-5