| P | Describe your patient, or population (age, sex, race, past medical history, etc.), or problem. The disease or condition, or the main topic of your question: |
| I | What intervention or action are you considering – treatment, diagnostic test, etc.? Is there a specific issue you would like to investigate? |
| C | Are you trying to compare or decide between two options – therapies, drugs, a drug and no medication or placebo, or two diagnostic tests? Or what is your control. Tip: There could be no comparison. |
| O | What is the outcome you would like to achieve? What are you trying to do for the patient? Relieve or eliminate symptoms? Reduce the number of adverse events? Improve function? |

Well-built clinical question: (Among P does I versus C affect O?)
## PICO Evidence-Based Practice Clinical Question / Search Plan Worksheet

### What type of question?  
- [ ] Background/Information gathering  
- [ ] Foreground/Focused

### Number of Citations needed:  
- [ ] A few very relevant articles  
- [ ] 10-100  
- [ ] Over 100  
- [ ] Exhaustive research

### Search Terms (list subject terms, synonyms, abbreviations, acronyms, variant spellings for each concept)

<table>
<thead>
<tr>
<th>Concept 1 (P)</th>
<th>OR</th>
<th>Concept 2 (I)</th>
<th>OR</th>
<th>Concept 3 (O)</th>
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### Databases to search

- [ ] MEDLINE (Ovid)  
- [ ] CINAHL (Ebsco)  
- [ ] EMBASE (Ovid)  
- [ ] PsycINFO (Ebsco)  
- [ ] ERIC (Ebsco)  
- [ ] LLBA (Proquest)  
- [ ] Cochrane Database of Systematic Reviews  
- [ ] Database of Abstracts of Reviews of Effects (DARE)  
- [ ] Web of Science  
- [ ] PEDro, OT Seeker, SpeechBITE  
- [ ] Other

### Age groups

- [ ] All ages  
- [ ] Infant, Newborn – 1 month  
- [ ] Infant, 1 month – 2 years  
- [ ] Child, Preschool 2 – 5 years  
- [ ] Child, 6 – 12 years  
- [ ] Adolescent, 13 – 18  
- [ ] Adult, 19 - 44  
- [ ] Middle aged, 45 – 64  
- [ ] Aged, 65-79  
- [ ] Aged, 80 and over

### Years to be searched:

- [ ] Current to 1 year  
- [ ] Current to 5 year  
- [ ] Current to 10 year  
- [ ] Current to 1946  
- [ ] Other, specify:

- [ ] Abstracts only  
- [ ] Electronic full text only

- [ ] English only  
- [ ] Other languages: