## PICO

### Evidence-Based Practice Clinical Question / Search Plan Worksheet

**Clinical problem:**

<table>
<thead>
<tr>
<th>P</th>
<th>Describe your <strong>patient</strong>, or <strong>population</strong> (age, sex, race, past medical history, etc.), or <strong>problem</strong>. The disease or condition, or the main topic of your question:</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>What <strong>intervention</strong> or action are you considering – treatment, diagnostic test, etc.? Is there a specific <strong>issue</strong> you would like to investigate?</td>
</tr>
<tr>
<td>C</td>
<td>Are you trying to <strong>compare</strong> or decide between two options – therapies, drugs, a drug and no medication or placebo, or two diagnostic tests? Or what is your <strong>control</strong>. Tip: There could be no comparison.</td>
</tr>
<tr>
<td>O</td>
<td>What is the <strong>outcome</strong> you would like to achieve? What are you trying to do for the patient? Relieve or eliminate symptoms? Reduce the number of adverse events? Improve function?</td>
</tr>
</tbody>
</table>

**Well-built clinical question:** (Among P does I versus C affect O?)

**What type of question?**

- Background/Information gathering
- Foreground/Focused

**Number of Citations needed:**

- A few very relevant articles
- Over 100
- Exhaustive research
# PICO

## Evidence-Based Practice Clinical Question / Search Plan Worksheet

### Search Terms (list subject terms, synonyms, abbreviations, acronyms, variant spellings for each concept)

<table>
<thead>
<tr>
<th>Concept 1 (P)</th>
<th>OR</th>
<th>OR</th>
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<tbody>
<tr>
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<table>
<thead>
<tr>
<th>AND Concept 2 (I)</th>
<th>OR</th>
<th>OR</th>
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<tbody>
<tr>
<td></td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>AND Concept 3 (O)</th>
<th>OR</th>
<th>OR</th>
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<tbody>
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</table>

### Databases to search

- MEDLINE (Ovid)
- CINAHL (Ebsco)
- EMBASE (Ovid)
- PsycINFO (Ebsco)
- ERIC (Ebsco)
- LLBA (Proquest)
- Cochrane Database of Systematic Reviews
- Database of Abstracts of Reviews of Effects (DARE)
- Web of Science
- PEDro, OT Seeker, SpeechBITE
- Other

- Human only
- Male
- Female

### Age groups

- All ages
- Infant, Newborn – 1 month
- Infant, 1 month – 2 years
- Child, Preschool 2 – 5 years
- Child, 6 – 12 years
- Adolescent, 13 – 18
- Adult, 19 - 44
- Middle aged, 45 – 64
- Aged, 65-79
- Aged, 80 and over

### Years to be searched:

- Current to 1 year
- Current to 5 year
- Current to 10 year
- Current to 1946
- Other, specify:

- Abstracts only
- Electronic full text only

- English only
- Other languages: