1. Create a question based on PICO(T) AND include in your email
2. Create a search in Medline (Ovid)
3. Send search history to Charlotte Beck and Rachel Crockett for marking

1) Use your scenario to create an answerable question
   a) Write a PICO(T) formatted question from the given scenario
   b) IMPORTANT: Include this question in your search history email

2) Create a structured search strategy in Medline (Ovid)
   a) From Indexes and Databases go to Medline(Ovid)
   b) Create and run your search

3) Send search history to Charlotte Beck and Rachel Crockett as follows:
   a) Display results and select 1 reference that appears to answer the question and is the highest level of evidence
   b) At the top of Results click on email

c) In the pop up box:

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i) In the To box write charlotte.beck@ubc.ca, rachel.crockett@hiphealth.ca (Note: use a comma between the email addresses)

ii) In the Subject box write your name

iii) In the Message box type your research question, based on the scenario, in the PICO(T) format

iv) Change Fields to Display to Complete Reference

v) Under Include CLICK ON Search History

vi) Click on Send Email

vii) IMPORTANT: Before logging off Ovid, check that Charlotte has received your email!