# PICO

**Evidence-Based Practice Clinical Question / Search Plan Worksheet**

## Clinical problem:

- **P** Describe your **patient**, or **population** (age, sex, race, past medical history, etc.), or **problem**. The disease or condition, or the main topic of your question:

## I

- **I** What **intervention** or action are you considering – treatment, diagnostic test, etc.? Is there a specific **issue** you would like to investigate?

## C

- **C** Are you trying to **compare** or decide between two options – therapies, drugs, a drug and no medication or placebo, or two diagnostic tests? Or what is your **control**. Tip: There could be no comparison.

## O

- **O** What is the **outcome** you would like to achieve? What are you trying to do for the patient? Relieve or eliminate symptoms? Reduce the number of adverse events? Improve function?

## Well-built clinical question: (Among P does I versus C affect O?)
# PICO Evidence-Based Practice Clinical Question / Search Plan Worksheet

**What type of question?**
- [ ] Background/Information gathering
- [ ] Foreground/Focused

**Number of Citations needed:**
- [ ] A few very relevant articles
- [ ] 10-100
- [ ] Over 100
- [ ] Exhaustive research

**Search Terms** (list subject terms, synonyms, abbreviations, acronyms, variant spellings for each concept)

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**Databases to search**
- [ ] MEDLINE (Ovid)
- [ ] CINAHL (Ebsco)
- [ ] EMBASE (Ovid)
- [ ] PsycINFO (Ebsco)
- [ ] ERIC (Ebsco)
- [ ] LLBA (Proquest)
- [ ] Cochrane Database of Systematic Reviews
- [ ] Database of Abstracts of Reviews of Effects (DARE)
- [ ] Web of Science
- [ ] PEDro, OT Seeker, SpeechBITE
- [ ] Other

- [ ] Human only
- [ ] Male
- [ ] Female

**Age groups**
- [ ] All ages
- [ ] Infant, Newborn – 1 month
- [ ] Infant, 1 month – 2 years
- [ ] Child, Preschool 2 – 5 years
- [ ] Child, 6 – 12 years
- [ ] Adolescent, 13 – 18
- [ ] Adult, 19 - 44
- [ ] Middle aged, 45 – 64
- [ ] Aged, 65-79
- [ ] Aged, 80 and over

**Years to be searched:**
- [ ] Current to 1 year
- [ ] Current to 5 year
- [ ] Current to 10 year
- [ ] Current to 1946
- [ ] Other, specify:

- [ ] Abstracts only
- [ ] Electronic full text only

- [ ] English only
- [ ] Other languages: