## PICO Evidence-Based Practice Clinical Question / Search Plan Worksheet

**Clinical problem:**

<table>
<thead>
<tr>
<th>P</th>
<th>Describe your patient, or population (age, sex, race, past medical history, etc.), or problem. The disease or condition, or the main topic of your question:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>I</th>
<th>What intervention or action are you considering – treatment, diagnostic test, etc.? Is there a specific issue you would like to investigate?</th>
</tr>
</thead>
</table>

| C | Are you trying to compare or decide between two options – therapies, drugs, a drug and no medication or placebo, or two diagnostic tests? Or what is your control. Tip: There could be no comparison. |

| O | What is the outcome you would like to achieve? What are you trying to do for the patient? Relieve or eliminate symptoms? Reduce the number of adverse events? Improve function?. |

**Well-built clinical question:** (Among P does I versus C affect O?)
# PICO
Evidence-Based Practice Clinical Question / Search Plan Worksheet

## What type of question?
- [ ] Background/Information gathering
- [ ] Foreground/Focused

## Number of Citations needed:
- A few very relevant articles
- 10-100
- Over 100
- Exhaustive research

## Search Terms
(list subject terms, synonyms, abbreviations, acronyms, variant spellings for each concept)

### Concept 1 (P)
- OR
- OR

### AND Concept 2 (I)
- OR
- OR

### AND Concept 3 (O)
- OR
- OR

## Databases to search
- MEDLINE (Ovid)
- CINAHL (Ebsco)
- EMBASE (Ovid)
- PsycINFO (Ebsco)
- ERIC (Ebsco)
- Cochrane Database of Systematic Reviews
- Database of Abstracts of Reviews of Effects (DARE)
- LLBA
- Web of Science
- PEDro
- OT Seeker

- Human only
- Male
- Female

## Age groups
- All ages
- Infant, Newborn – 1 month
- Infant, 1 month – 2 years
- Child, Preschool 2 – 5 years
- Child, 6 – 12 years
- Adolescent, 13 – 18
- Adult, 19 - 44
- Middle aged, 45 – 64
- Aged, 65-79
- Aged, 80 and over

## Years to be searched:
- Current to 1 year
- Current to 5 year
- Current to 10 year
- Current to 1966
- Other, specify:

- Abstracts only
- Electronic full text only

- English only
- Other languages: